

Family Caregiver Connections: Learn, Link, and Lunch

Are you providing support to an aging family member or friend?
You are a caregiver. Join us for an event made just for you!



Saturday, October 5, 2024 | 10am - 1:30pm



Suburban Collection Showplace, Legacy Ballroom
46100 Grand River Ave., Novi, MI 48374 | **Parking is free**



Luncheon keynote speaker **Christy McDonald**

Detroit TV personality Christy McDonald shares her personal caregiving journey. She'll help caregivers embrace their own tough and beautiful moments - what makes us laugh and what gives us hope.

Find the support and resources you need:

- Hear expert presentations on legal topics and Alzheimer's care
- Visit with 20 exhibitors from senior- and caregiver-focused organizations
- Get onsite help from AgeWays Resource Specialists
- Enjoy morning refreshments, lunch, and a chance to win door prizes

Tickets are \$10, with all proceeds being used to support the AgeWays Holiday Meals on Wheels Program. Advance registration is required.

If cost is a barrier, call us to see how we can help.



Register today!

Scan this code or visit [YouAreACaregiver.org](https://www.YouAreACaregiver.org) to register.
You can also call us at (800) 852-7795 to register by phone.



Morning Session

Legal Concepts and Documents for Family Caregivers

Jason A. Tower / Tower Karson, P.L.L.C.

This session will cover broad legal issues surrounding caregiving for the elderly, including what documents caregivers should have in place.

About Jason Tower:

Jason A. Tower is a Shareholder at Tower Karson, P.L.L.C., and practices out of the Troy, Michigan office. Mr. Tower earned his Juris Doctor in 2016. While in law school he worked in the Estate Planning Clinic, where he assisted the elderly and the indigent in the preparation of wills, powers of attorney and trusts.



Lunchtime Keynote

Hope, Grief and the Unknown: A Caregiver's Journey

Christy McDonald / Detroit TV Personality

Christy reveals her personal journey of being a caregiver to her sports radio host husband while he battled stage 4 colon cancer. She's brutally honest about her anticipatory grief while struggling to be her husband's support, work as a TV anchor and parent three children.

Christy will weave the feelings of holding joy and sadness at the same time by using the stories so many caregivers have shared with her. She'll help caregivers embrace their own tough and beautiful moments - what makes us laugh and what gives us hope.

About Christy McDonald:

Christy McDonald is an Emmy-Award winning TV anchor who has covered news in Detroit and Michigan for 25 years. She is currently a special correspondent and anchor at WDIV Local 4.



Afternoon Session

Dementia Conversations: Communicating with Empathy and Building Understanding

Jim Mangi, PhD / Community Education Volunteer, Alzheimer's Association—Greater Michigan Chapter.

Learn how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

Learn about common behavior changes, how to use non-medical approaches to address these behaviors and how to recognize when additional help is needed.

About Jim Mangi:

Jim's 35-year first career as founder and owner of a successful nationwide environmental consulting firm in no way prepared him for his second, and far more important career, as caregiver for his wife. He was totally clueless when his wife developed Alzheimer's in her late fifties. Now, 16 years later, Jim—no longer quite so clueless—is caregiver for his best friend, who has long since forgotten his name but has not forgotten how to smile. She has inspired him to become a dementia awareness activist.